Starving Cancer Cells of Dextrose Sugar is the Key to Future Cancer Treatment

September 30, 2015 | by Med Expose’ DDD

**Q:** Is stopping white processed high glycemic sugar the answer for tackling cancer cells?

**A:** YES, YES, YES

Cancer researchers have known for decades that tumors use a faster metabolism of dextrose sugar compared to normal cells in our body. One classic example of this is that cancer cells increase their consumption of glucose (a dextrose sugar) to fuel their rapid growth and strike against programmed cell death. This means that limiting glucose consumption in cancer cells is becoming an attractive tool for cancer treatments.

All cells need blood glucose (a dextrose sugar) to fuel most all of the factors of life. When we eat low glycemic levulose (a left handed sugar) the liver must take this and make it into right handed dextrose glucose. If we eat dextrose sugar it can go quickly and directly into the blood stream. If we eat just a bit extra it will cause the blood sugar to rise (Hypoglycemia) and this will feed cancer.
A New Hope?

You may have seen articles or websites advocating that starving patients of sugar is crucial for getting rid of tumors or that eating less sugar reduces the risk of cancer. The story is that simple, it just needs some additional support. **But BIG SUGAR does not want this story to be told.**

Agressive Cancer cells always find alternatives to fuel their tank of glucose, no matter how little sugar we ingest. There is a glaring direct connection between eating sugar and getting cancer and it is always advisable to talk to your holistic doctor if you have doubt about your diet.

You must remove excess high glycemic foods from your diet, Remove fully if you want to live.

*Switch to a Low Glycemic Diet and Starve the Cancer*
Researchers have demonstrated that cancer cells use glucose (dextrose) to generate the building blocks of the cellular compounds needed for rapid tumor growth. They also use it to generate molecules that guard against the toxic accumulation of reactive oxygen species, the cell-damaging molecules that activate programmed cell death. This means that glucose (dextrose) serves as a master protector against cell death. So putting extra Dextrose (high glycemic) foods is not good.

Since the type of sugar we eat does affect this process, the question we need to answer is how the cancer cells are instructed to consume more glucose. Who is filling the fuel tank? The cancer patient, that’s who. Or your well intentioned grandma or perhaps the candy shop guy.

STOP FEEDING YOUR CANCER!
High Glycemic Sugars, Processed White Sugars, and HiGly Foods Will Feed a Cancer
One Small Candy Bar a Week can Feed your Cancer
If You Want to Starve your Cancer, Stop Feeding It
you shouldn’t
give in to your sweet tooth

If we keep the glycemic index as low as possible and use fruits like apples, blackberries, moderately for sweeteners, we can starve the cancer. But we mean starve. Just one piece of candy can feed the cancer and keep it alive. Using levulose rich foods will mean the liver will need to convert the left handed sugar to dextrose and release it as needed. This will provide energy for life while starving the cancer. Using other anti-cancer foods and spices will also help defeat the cancerous degeneration.

But as we see next the link to candy and cancer is profound. Look at who eats the most candy and who has the most cancer.
### COUNTRY RANKINGS

<table>
<thead>
<tr>
<th>Highest Cancer Rates</th>
<th>Lowest Cancer Rates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Denmark</td>
<td>Niger</td>
</tr>
<tr>
<td>France</td>
<td>Gambia</td>
</tr>
<tr>
<td>(metropolitan areas)</td>
<td>Cape Verde</td>
</tr>
<tr>
<td>Australia</td>
<td>Bhutan</td>
</tr>
<tr>
<td>Belgium</td>
<td>Yemen</td>
</tr>
<tr>
<td>Norway</td>
<td>Oman</td>
</tr>
<tr>
<td>United States</td>
<td>Namibia</td>
</tr>
<tr>
<td>Ireland</td>
<td>Guinea-Bissau</td>
</tr>
<tr>
<td>Republic of Korea</td>
<td>Nepal</td>
</tr>
<tr>
<td>Netherlands</td>
<td>Mauritania</td>
</tr>
<tr>
<td>New Caledonia</td>
<td></td>
</tr>
</tbody>
</table>

### HIGHEST VS. LOWEST

- **Denmark**: 33.8
- **Niger**: 7.9

**Equal to 10 cancer cases per 100,000 people**
Q: What country eats the most candy?
A: Denmark is the country with greatest candy consumption on a per-capita basis, as of 2015. The average Dane eats 36 pounds of candy a year, which equates to around 3 pounds per month.
Danes love imported candy as well as a national favorite, Flodeboller, a chocolate-covered cream puff. Candy is commonly found in the office and consumed as a mid-afternoon snack. In Danish tradition, the children eat a bowl of candy on Friday while watching the Disney Show. Schools typically do not allow candy, so most children consume candy on Fridays and on the weekends. Denmark has long been the top consumer of candy, with Sweden usually coming in second.

Q: What country has the most cancer?
A: Denmark Oh really!

Q: What country eats the least candy?
A: Niger

Q: What country has the least cancer?
A: Niger Oh really, Ya don’t say

Q: Do you get the message about candy and cancer?
A: Some do,

BIG SUGAR does not want this story told. To learn more go to http://indavideo.hu/video/Cure_Cancer_in_the_Kitchen
Now what do the Niger people eat. This is not Nigeria by the way.

A typical Niger meal consists of one natural unprocessed starch, such as rice or millet, served with a sauce or a stew. Couscous is used as a starch on special occasions.

Because meat is not readily available, people eat it infrequently. Most Niger soups and stews are made from fresh vegetables. Some common ingredients are greens, beans, black-eyed peas, cassava root, onions, squash, palm nuts and yams. Popular fruits include pineapples, mangoes, bananas, grapefruits, limes, melons and oranges.

In the northern region of Niger, many of the people are Muslim, and they do not eat pork. Their diets consist largely of beans, brown rice and sorghum, which is a type of grain. Roasted meat kebabs are popular as well.

Candy is expensive and not used very much. They do not like or use white processed wheats or sugars.

In the eastern region of Niger, yams, pumpkins and dumplings are common foods. In the central and southeast regions of Niger, spinach, okra and mashed yams are staples. Fish stews are very popular in areas near the ocean. Frequently, the fish is marinated in tomato, ginger, cumin, black cumin and cayenne pepper before being cooked in peanut oil.

People from Niger eat seasonal fruits and vegetables, some fish, sauces, stews, salads, grains, maize, beans, porridge, dumplings and pizza. Niger dishes are influenced by African cuisine, and they tend to be heavily spiced, often with cinnamon, cloves, ginger, cumin, turmeric, nutmeg and saffron.

http://indavideo.hu/video/Cure_Cancer_in_the_Kitchen

http://www.downloads.imune.net/medicalbooks/Cancer%20course.pdf

http://www.medicalexpose.com/
### Health Benefits of Sweet Potatoes

*For Cancer*

- 7 grams fiber per serving
- Contain large amounts of potassium
- Rich in beta-carotene, good source of manganese
- Anti-oxidant rich
- Anti-inflammatory
- Improves blood sugar regulation
- Antibacterial & antifungal properties
- Helps skin stay clear
- Helps prevent rheumatoid arthritis
- Helps maintain collagen
- Contain iron

Soothing for the stomach
Helps prevent constipation
Helps with anemia
Promotes health digestive tract
May decrease the dangers presented by heavy metals & oxygen radicals
Contain Vitamin D
Choose organic sweet potatoes when possible

---

### Spicy Baked Sweet Potato Chips

**Serves 1**

- 2 small or 1 large sweet potato
- 1/2 tablespoon olive oil
- 1/8 teaspoon cayenne pepper
- Soy Extract

Preheat oven to 425 degrees.

Peel sweet potatoes & thinly slice crosswise into 3/8 inch thick slices. If you have a mandoline, use it. Place the sweet potato slices in a bowl. Add olive oil, cayenne pepper & soy to taste & mix well. Spread the slices out on a baking pan in a single layer. Bake about 12 minutes on each side. Carefully checking to make sure the smaller or thinner pieces don’t burn.

---

### Healing Herbs and Spices

Curing Cancer in Your Kitchen

<table>
<thead>
<tr>
<th>Herb</th>
<th>Benefits</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>OREGANO</strong></td>
<td>Helps soothe stomach muscles</td>
</tr>
<tr>
<td><strong>MINT</strong></td>
<td>Can ease hiccups</td>
</tr>
<tr>
<td><strong>GINGER</strong></td>
<td>Anti-nausea remedy</td>
</tr>
<tr>
<td><strong>GARLIC</strong></td>
<td>Natural antiseptic</td>
</tr>
<tr>
<td><strong>FENUGREEK</strong></td>
<td>Helps flush out harmful toxins</td>
</tr>
<tr>
<td><strong>Fennel</strong></td>
<td>Can reduce bad breath and body odor</td>
</tr>
<tr>
<td><strong>CLOVE</strong></td>
<td>Anti-microbial</td>
</tr>
<tr>
<td><strong>SAGE</strong></td>
<td>Antiseptic and antibiotic</td>
</tr>
<tr>
<td><strong>Thyme</strong></td>
<td>Relaxes respiratory muscles</td>
</tr>
<tr>
<td><strong>TURMERIC</strong></td>
<td>Anti-cancer</td>
</tr>
<tr>
<td><strong>Basil</strong></td>
<td>Can relieve gas and soothe stomach upsets</td>
</tr>
<tr>
<td><strong>BLACK PEPPER</strong></td>
<td>Help relieve indigestion</td>
</tr>
<tr>
<td><strong>CAYENNE</strong></td>
<td>Can stop a heart attack</td>
</tr>
<tr>
<td><strong>CINNAMON</strong></td>
<td>Helps lower blood pressure</td>
</tr>
<tr>
<td><strong>Dill</strong></td>
<td>Treat heartburn, colic and gas</td>
</tr>
<tr>
<td><strong>Rosemary</strong></td>
<td>Antioxidant</td>
</tr>
</tbody>
</table>

These are all Safe herbs and spices that have anti-cancer affects but are totally safe to use in volume.

Work them into your cooking in volumes.
# The Glycemic Index of Selected Foods

<table>
<thead>
<tr>
<th></th>
<th>LOW GYLCEMIC FOODS</th>
<th>MEDIUM</th>
<th>HIGH GYLCEMIC FOODS</th>
<th>High-handled sugars, mostly processed maleal dances</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SUGARS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low glycemic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>High glycemic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>GRAINS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low glycemic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>High glycemic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>GRAIN FOODS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low glycemic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>High glycemic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>FRUITS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low glycemic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>High glycemic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>VEGETABLES</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low glycemic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>High glycemic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>BEANS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low glycemic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>High glycemic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>NUTS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low glycemic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>High glycemic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Index**:

<table>
<thead>
<tr>
<th>10</th>
<th>20</th>
<th>30</th>
<th>40</th>
<th>50</th>
<th>60</th>
<th>70</th>
<th>80</th>
<th>90</th>
<th>100</th>
<th>110</th>
</tr>
</thead>
</table>

*Eat the foods in Green*  
*Avoid the foods in Red*

---

### Anti-Cancer Superfruits

- **Grapes**
- **Mangosteen**
- **Blueberries**
- **Goji Berries**
- **Avocado**
- **Noni**
- **Dragon Fruit**
- **Acai Berries**
- **Soursop**
- **Apple**
- **Citrus**
- **Pomegranate**
- **Strawberries**
- **Kiwi**
You Must declare war as well

Satisfy your Sweet-Tooth
Don’t Compromise on Flavor

Click here to learn how to switch to safe sugars, starve your Cancer & Live the Good Life

Substitute

Equal Portions for Substitution of fine Apple sugar to apple sauce, add large parts for extra flavor and taste
THE SIX UNHEALTHY WHITES Do NOT EAT These Foods

- White Rice
- White Flour
- White Sugar
- White Pork
- White Potato
- Milk

THE WHITER THE BREAD
THE QUICKER YOUR DEAD
Get your Levulose from unprocessed unsweetened fruits NOT SINthetic HFCS

The Corny Truth About HIGH FRUCTOSE CORN SYRUP

Top 10 Foods with the Highest Quantity of HFCS:
1) Yogurt 6) Boxed Mac n Cheese
2) Breads 7) Salad Dressing
3) Frozen Pizza 8) Tomato-Based Sauces
4) Cereal Bars 9) Apple Sauce
5) Cocktail Peanuts 10) Canned Fruit

*High Fructose Corn Syrup has been linked directly to obesity, diabetes and metabolic dysfunction

TO SAVE YOUR LIFE AVOID HFCS
Click here to learn more

HIGH FRUCTOSE CORN SYRUP

DANGER HFCS

WARNING: Tomatoes, high fructose corn syrup, citric acid, natural flavors, caffeine.
PROOF SUGAR IS BAD, VERY BAD, REALLY LISTEN IT IS EXTREMELY BAD AND A MAJOR CAUSE AND AGGRAVATOR OF ALL DISEASE

http://youtu.be/Ah88gjejCTU  short story of sugar

http://indavideo.hu/video/Bad_Bacteria_Take_over_the_Brain

http://www.downloads.imune.net/medicalbooks/Bad%20Bowel%20Bacteria%20can%20take%20control%20of%20your%20Brain.pdf

http://www.downloads.imune.net/medicalbooks/Mental%20Health%20and%20the%20Gut%20Flora%20Research%20Evidence%20Copy.pdf


http://www.downloads.imune.net/medicalbooks/The%20story%20of%20Sugars%20with%20Key%20Articles%20from%20The%20New%20England%20Journal%20of%20Medicine.pdf


http://www.downloads.imune.net/medicalbooks/California%20bill%20would%20require%20warning%20labels%20on%20sugary%20drinks.pdf


http://www.downloads.imune.net/medicalbooks/Foods%20That%20Kill%20and%20should%20be%20banned%20and%20must%20be%20avoided.pdf


http://medicalexposedownloads.com/PDF/Obama%20pushes%20FDA%20to%20make%20nutrition%20labels%20show%20added%20sugar.pdf
good SUGAR Oil

Eat at least five servings of fruits and vegetables a day, use vegetables as the center of the meal.

Remember: do not eat foods boiled in oil, get good cold processed vegetable oils and thus good fatty acids, not trans or cooked animal oils. Eat only Levulose (fructose fruit sugars) not Dextrose (cane, corn, potato, grape sugar). Wellness is your Reward. Remember to chew your food, fruits alone, fluids alone, and melons alone.

Make vegetable and fruit juice part of your daily Wellness Healthy Regime.
Battle of the Milennia: David Desi vs. Goliaths

by Heather Swanson

There’s a battle outside your door, shaking your foundation. The battle cry has reached your ears. It’s raging in them. Only this time between the big guy and the little guy, and you don’t think he has a chance. Or are you already getting pressured to live under the big guy for the rest of your life?

We all remember the story of David and Goliath. Well, today, it’s not just one Goliath, it’s a host of THE GOLIATHS that nearly make the earth.victimizing the human race all in the name of greed and profit.

Sir, about now, you’re thinking: This is a big fairy tale, right? It’s not even our modern-day corporate Goliaths.

1) Big Sugar. Don’t tell me you don’t eat it. Dig your teeth into a sweet-smelling sugar candy. And then, slowly, slowly, savor it. Overconsumption of sugar is linked to death in the United States at a young age.

2) Big Tobacco. One in every five deaths in the United States is smoking related. Need we say more? It’s legal, socially acceptable, and through a consumable drug (cigarette), the FDA happens to be the top money makers.

3) The FDA. A kind of big pharma who is not just in the business of money. Their research was funded by Big Tobacco and Big Sugar.

4) The Music Industry: They have no interest in music, no interest in recording. They just want to make money, and they do so by using the music industry to sell drugs.

5) The Pharmaceutical Industry. A multi-billion dollar industry, the hospitals of cancer research, the World Health Organization. They care not about hope, they care about profits.

6) Hollywood. It’s a huge market. Every year, millions of dollars are spent on the production of movies. The films are not just entertaining. They are also used to promote health products.

With her independent media company, Change the World Productions, Desi has been fighting the propaganda that has been deployed to sell us the idea that tobacco, alcohol, and drugs are necessary and acceptable.

“What the Cancer Industry Does Not Want You To Know About Chemotherapy and Radiation

- Radiation-induced secondary cancers have exploded in the last two decades due to radiation treatment.
- 50% of chemotherapy patients die 10-15 years after treatment, and the cause is never attributed to treatment.
- More than 50% of all cancer patients suffer significant treatment-related toxicity.
- Chemotherapy does not eliminate breast, colon, or lung cancers yet chemo drugs are still used on these cancers.
- Patients who undergo chemo are 14 times more likely to develop leukemia and 6 times more likely to develop cancers of the bones, joints, and soft tissues than those patients who do not undergo chemotherapy.
- Chemotherapy, in some cases, destroys healthy tissue.
- Chemo actually boosts cancer growth.
- 68% increase in chemo drugs since 2003.
- 75% increase in cancer projected by 2010.

"My Main Concern is the Future Cancers Being Produced by Radiologists with Low Dose Radiation used to Detect Cancers" (John Cameron)

"There is not one, but many cures for cancer available. But they are all being systematically suppressed by the American Cancer Society, the National Cancer Institute, and the major pharmaceutical companies. They have too much of an interest in the status quo.”

Dr. Robert Oshikawa M.D.

"We have a multi-billion dollar industry that is killing people, fatality, but not total death. The idea of research is to produce whether two doses of this multi-billion dollar industry are better than three doses of that poison.”

Glen A. Holcombe M.D.

"But today in the United States, and this shows you where fascism REALLY exists, ANY doctor in the United States who cares cancer using alternative methods will be destroyed. You cannot name me a doctor doing well with cancer using alternative therapies that is not under attack. And I KNOW these people; I’ve interviewed them.

Gary Null, Ph.D., Ph.D.

"Medicine should not be a profit business unless there are strict rules and management to stop Profit over People Motives”

BIG BUSINESS

THE TOP COMPANIES BY CANCER DRUG SALES.

<table>
<thead>
<tr>
<th>COMPANY</th>
<th>SALES ($B)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ROCHE</td>
<td>31.3</td>
</tr>
<tr>
<td>NOVARTIS</td>
<td>11.2</td>
</tr>
<tr>
<td>AMGEN</td>
<td>6.8</td>
</tr>
<tr>
<td>CELGENE</td>
<td>5.5</td>
</tr>
<tr>
<td>JOHNSON &amp; JOHNSON</td>
<td>3.7</td>
</tr>
<tr>
<td>ELI LILLY</td>
<td>3.3</td>
</tr>
<tr>
<td>ASTRAZENECA</td>
<td>3.2</td>
</tr>
<tr>
<td>BRISTOL-MYERS SQUIBB</td>
<td>2.9</td>
</tr>
<tr>
<td>PFIZER</td>
<td>1.6</td>
</tr>
</tbody>
</table>