http://indavideo.hu/video/Mind_Control_Media_Effects
Are you being secretly manipulated?

Are we always in control of our minds? As David Robson discovers, it’s surprisingly easy to plant ideas in peoples’ heads without them realising.

Does subliminal advertising work?

Hidden messages that promote products in films once caused a moral panic. But is the much-feared technique really effective?

Are we all just puppets on a string? Most people would like to assume that they are free agents – their fate lies in their own hands. But they’d be wrong. Often, we are as helpless as a marionette, being jerked about by someone else’s subtle influence.
Without even feeling the tug, we do their bidding – while believing that it was our idea all along.

**Our ability to make deliberate decisions may often be an illusion — But you can regain control if you know how**

“What we’re finding more and more in psychology is that lots of the decisions we make are influenced by things we are not aware of,” says Jay Olson at McGill University in Quebec, Canada – who recently created an ingenious experiment showing just how easily we are manipulated by the gentlest persuasion. The question is, can we learn to spot those tricks, and how can we use them to our own advantage?

Olson has spent a lifetime exploring the subtle ways of tricking people’s perception, and it all began with magic. “I started magic tricks when I was five and performing when I was seven,” he says.

As an undergraduate in psychology, he found the new understanding of the mind often chimed with the skills he had learnt with his hobby. “Lots of what they said about attention and memory were just what magicians had been saying in a different way,” he says.

One card trick, in particular, captured his imagination as he set about his research. It involved flicking through a deck in front of an audience member, who is asked to pick a card randomly. Unknown to the volunteer, he already worked out which card they would choose, allowing him to reach into his pocket and pluck the exact card they had named – much to the astonishment of the crowd.

You can see a video of Olson blowing his volunteers’ minds below:

The secret, apparently, is to linger on your chosen card as you riffle through the deck. (In our conversation, Olson wouldn’t divulge how he engineers that to happen, but others claim that folding the card very slightly seems to cause it to stick in sight.) Those few extra milliseconds mean that it sticks in the mind, causing the volunteer
to pick it when they are pushed for a choice.

As a scientist, Olson’s first task was to formally test his success rate. He already knew he was pretty effective, but the results were truly staggering – Olson managed to direct 103 out of 105 of the participants.

Unsurprisingly, that alone has attracted a fair amount of media attention – but it was the next part of the study that was most surprising to Olson, since it shows us just how easily our mind is manipulated.

Touching someone is one trick people use to manipulate (Credit: Thinkstock)

For instance, when he questioned the volunteers afterwards, he was shocked to find that 92% of the volunteers had absolutely no idea that they’d been manipulated and felt that they had been in complete control of their decisions. Even more surprisingly, a large proportion went as far as to make up imaginary reasons for their choice. “One person said ‘I chose the 10 of hearts because 10 is high number and I was thinking of hearts before the experiment started’, says Olson – despite the fact that it was really Olson who’d made the decision. What’s more, Olson found that things like personality type didn’t seem to have much influence on how likely someone was to be influenced – we all seem equally vulnerable. Nor did the specific properties of the cards – the colour or number – seem to make success any less likely.
The implications extend far beyond the magician’s stage, and should cause us to reconsider our perceptions of personal will. Despite a strong sense of freedom, our ability to make deliberate decisions may often be an illusion. “Having a free choice is just a feeling – it isn’t linked with the decision itself,” says Olson.

**Subtle menu**

Don’t believe him? Consider when you go to a restaurant for a meal. Olson says you are twice as likely to choose from the very top or very bottom of the menu – because those areas first attract your eye. “But if someone asks you why did you choose the salmon, you’ll say you were hungry for salmon,” says Olson. “You won’t say it was one of the first things I looked at on the menu.” In other words, we confabulate to explain our choice, despite the fact it had already been primed by the restaurant.

Playing French music in a supermarket makes you unwittingly buy French wine (Credit: Thinkstock)

Or how about the simple task of choosing wine at the supermarket? Jennifer McKendrick and colleagues at the University of Leicester found that simply playing [French or German background music](https://example.com) led people to buy wines from those regions. When asked, however, the subjects were completely oblivious to the fact.

It is less clear how this might relate to other forms of priming, a subject of long controversy. In the 2000 US election, for instance, Al Gore supporters claimed the
Republicans had flashed the word “RATS” in an advert depicting the Democrat representative.

Gore’s supporters believed the (alleged) subliminal message about their candidate would sway voters. Replicating the ad with a made-up candidate, Drew Westen at Emory University, found that the flash of the word really did damage the politician’s ratings, according to subjects in the lab. Whether the strategy could have ever swayed the results of an election in the long term is debatable (similarly, the supposed success of subliminal advertising is disputed) but it seems likely that other kinds of priming do have some effect on behaviour without you realising it.

In one striking result, simply seeing a photo of an athlete winning a race significantly boosted telephone sales reps’ performance – despite the fact that most people couldn’t even remember seeing the picture. And there is some evidence showing that handing someone a hot drink can make you seem like a “warmer” person, or smelling a nasty odour can make you more morally “disgusted” and cause you to judge people more harshly.

How to spot manipulation

Clearly, this kind of knowledge could be used for coercion in the wrong hands, so it’s worth knowing how to spot others trying to bend you to their will without you realising.

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Based on the scientific literature, here are four manipulative moves to watch out in your colleagues and friends in everyday life:

1) **A touch can be powerful**

![Image of a hand on shoulder](Credit: Thinkstock)

Simply tapping someone on the shoulder, and looking them in the eye, means they are far more open to suggestion.

It’s a technique Olson uses during his trick, but it also has been shown to work in various everyday situations – such as [persuading people to lend money](#).

2) **The speed of speech matters**

![Image of speech bubble with clock](Credit: Thinkstock)
Olson says that magicians will often try to rush their volunteers so they choose the first thing that comes to mind – hopefully the idea that you planted there. But once they have made their choice, they switch to a more relaxed manner.

The volunteer will look back and think they had been free to make up their mind in their own time.

3) Be aware of the field-of-view

By lingering on his chosen card, Olson made it more “salient” so it stuck in the volunteers’ minds without them even realising it.

There are many ways that can done, from placing something at eye level, to moving something slightly closer to a target. For similar reasons, we often end up taking away the first thing offered to us.

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4) Certain questions will plant ideas

(Credit: Thinkstock)
For example, “Why do you think this would be a good idea?” or “What do you think the advantages would be?” It sounds obvious, but letting someone persuade themselves will mean they are more confident of their decision in the long term – as if it had been their idea all along.

We may all be puppets guided by subtle influences – but if you can start to recognise who’s pulling the strings, you can at least try to push back.
The more one researches mind control, the more one will come to the conclusion that there is a coordinated script that has been in place for a very long time with the goal to turn the human race into non-thinking automatons. For as long as man has pursued power over the masses, mind control has been orchestrated by those who study human behavior in order to bend large populations to the will of a small “elite” group. Today, we have entered a perilous phase where mind control has taken on a physical, scientific dimension that
threatens to become a permanent state if we do not become aware of the tools at the disposal of the technocratic dictatorship unfolding on a worldwide scale.

Modern mind control is both technological and psychological. Tests show that simply by exposing the methods of mind control, the effects can be reduced or eliminated, at least for mind control advertising and propaganda. More difficult to counter are the physical intrusions, which the military-industrial complex continues to develop and improve upon.

1. Education — This is the most obvious, yet still remains the most insidious. It has always been a would-be dictator’s ultimate fantasy to “educate” naturally impressionable children, thus it has been a central component to Communist and Fascist tyrannies throughout history. No one has been more instrumental in exposing the agenda of modern education than Charlotte Iserbyt — one can begin research into this area by downloading a free PDF of her book, The Deliberate Dumbing Down of America, which lays bare the role of Globalist foundations in shaping a future intended to produce servile drones lorded over by a fully educated, aware elite class.

2. Advertising and Propaganda – Edward Bernays has been cited as the inventor of the consumerist culture that was designed primarily to target people’s self-image (or lack thereof) in order to turn a want into a need. This was initially envisioned for products such as cigarettes, for example. However, Bernays also noted in his 1928 book, Propaganda, that “propaganda is the executive arm of the invisible government.” This can be seen most clearly in the modern police state and the growing citizen snitch culture, wrapped up in the pseudo-patriotic War on Terror. The increasing consolidation of media has enabled the entire corporate structure to merge with government, which now utilizes the concept of propaganda placement. Media; print, movies, television, and cable news can now work seamlessly to integrate an overall message which seems to have the ring of truth because it comes from so many sources, simultaneously. When one becomes attuned to identifying the main “message,” one will see this imprinting everywhere. And this is not even to mention subliminal messaging.

3. Predictive Programming – Many still deny that predictive programming is real. I would invite anyone to examine the range of documentation put together by Alan Watt and come to any other conclusion. Predictive programming has its origins in predominately elitist Hollywood, where the big screen can offer a big vision of where society is headed. Just look back at the books and movies which you thought were far-fetched, or “science fiction” and take a close look around at society today. For a detailed breakdown of specific
examples, **Vigilant Citizen** is a great resource that will probably make you look at “entertainment” in a completely different light.

### 4. Sports, Politics, Religion

Some might take offense at seeing religion, or even politics, put alongside sports as a method of mind control. The central theme is the same throughout: **divide and conquer**. The techniques are quite simple: short circuit the natural tendency of people to cooperate for their survival, and teach them to form teams bent on domination and winning. Sports has always had a role as a key distraction that corrals tribal tendencies into a non-important event, which in modern America has reached ridiculous proportions where protests will break out over a sport celebrity leaving their city, but essential human issues such as liberty are giggled away as inconsequential. Political discourse is strictly in a left-right paradigm of easily controlled opposition, while religion is the backdrop of nearly every war throughout history.

**Advertisements**

### 5. Food, Water, and Air

Additives, toxins, and other food **poisons** literally alter brain chemistry to create docility and apathy. Fluoride in drinking water has been proven to **lower IQ**; Aspartame and MSG are **excitotoxins** which excite brain cells until they die; and easy access to the fast food that contains these poisons generally has created a population that lacks focus and motivation for any type of active lifestyle. Most of the modern world is perfectly groomed for passive receptiveness — and acceptance — of the dictatorial elite. And if you choose to diligently watch your diet, they are fully prepared to **spray** the population from the above.

### 6. Drugs

This can be any addictive substance, but the mission of mind controllers is to be sure you are addicted to something. One major arm of the modern mind control agenda is **psychiatry**, which aims to define all people by their disorders, as opposed to their human potential. This was foreshadowed in books such as *Brave New World*. Today, it has been taken to even further extremes as a **medical tyranny** has taken hold where nearly everyone has some sort of disorder — particularly those who question authority. The use of **nerve drugs in the military** has led to record numbers of suicides. Worst of all, the modern drug state now has over **25% of U.S. children** on mind-numbing medication.
7. Military testing — The military has a long history as the testing ground for mind control. The military mind is perhaps the most malleable, as those who pursue life in the military generally resonate to the structures of hierarchy, control, and the need for unchallenged obedience to a mission. For the increasing number of military personal questioning their indoctrination, a recent story highlighted DARPA’s plans for transcranial mind control helmets that will keep them focused.

8. Electromagnetic spectrum — An electromagnetic soup envelops us all, charged by modern devices of convenience which have been shown to have a direct impact on brain function. In a tacit admission of what is possible, one researcher has been working with a “god helmet” to induce visions by altering the electromagnetic field of the brain. Our modern soup has us passively bathed by potentially mind-altering waves, while a wide range of possibilities such as cell phone towers is now available to the would-be mind controller for more direct intervention.

9. Television, Computer, and “flicker rate”– It’s bad enough that what is “programmed” on your TV (accessed via remote “control”) is engineered; it is all made easier by literally
lulling you to sleep, making it a psycho-social weapon. Flicker rate tests show that alpha brain waves are altered, producing a type of hypnosis — which doesn’t portend well for the latest revelation that lights can transmit coded Internet data by “flickering faster than the eye can see.” The computer’s flicker rate is less, but through video games, social networks, and a basic structure which overloads the brain with information, the rapid pace of modern communication induces an ADHD state. A study of video games revealed that extended play can result in lower blood flow to the brain, sapping emotional control. Furthermore, role-playing games of lifelike war and police state scenarios serve to desensitize a connection to reality. One look at the WikiLeaks video Collateral Murder should be familiar to anyone who has seen a game like Call of Duty.

10. Nanobots – From science fiction horror, directly to the modern brain; the nanobots are on the way. Direct brain modification already has been packaged as “neuroengineering.” A Wired article from early 2009 highlighted that direct brain manipulation via fiber optics is a bit messy, but once installed “it could make someone happy with the press of a button.” Nanobots take the process to an automated level, rewiring the brain molecule by molecule. Worse, these mini droids can self-replicate, forcing one to wonder how this genie would ever get back in the bottle once unleashed. Expected date of arrival? Early 2020s.

A concerted effort is underway to manage and predict human behavior so that the social scientists and the dictatorial elite can control the masses and protect themselves from the fallout of a fully awake free humanity. Only by waking up to their attempts to put us to sleep do we stand a chance of preserving our free will.
Small minds can't comprehend big spirits. To be great, you have to be willing to be mocked, hated, and misunderstood. Stay strong!
The Ultra Rich want to keep the public addicted to cigarettes, and then addicted to street drugs, they want them to live in fear of indictment, live in fear of not fitting in, needing to conform for approval. They feed stupidity with unequal education, keeping the poor masses stupid and addicted to whatever takes away the frustration of knowing that the system will not give them a chance at happiness. The masses are asleep and the ultra rich do not want the messenger to wake them.

There are three, man made things that threaten human existence.

1. The SINthetic Chemical Companies, and
2. The Judgementalness of the Human Mind
3. The stupidity and conformity of people to not know that they are being duped, they conform blindly. They believe the discrimination of free thinkers in the media

Judgmental big minds that lead to fear anger and mindless violence.
The Angel must defeat the SMALL MINDS at every turn...

Now that you have read this book and seen the forty movies, eighty books, hundreds of medical articles, diplomas and certificates of the Angel,
You can see why the Jealous small petty minds hate her so...
Why they fear her clarity of mind...
A ability to change...
The Small minded Bureaucrats and media pretend to serve the people...
...but they serve the Ultra Rich!

But as powerful and strong the Lizard brain is, the powers of their faceless pea brained minions are greater. Their slaves are the small petty minded bureaucrats. These are the picayune over judgemental protective guards that attack any great spirit. For as Einstein said
“Great Spirits get Incredible resistance from mediocre minds”.
The Angel must fight this resistance. The Angel must restore the balance of Human Brain. The Angel must moderate the negative emotions to bring them to emphasizing Education, Growth, Cooperation, Understanding, Sharing, Laughter, Reverence, and Humility. The Angel must lead Humanity to a new world of positive mind, a thousand years of peace. With little degenerative disease, little discrimination, less greed, less fear, less hatred. With more Equality, more Education, more Equanimity, more Laughter, Enthusiasm, Awareness.

The Angel must defeat the Small Minds at every turn...
“It is difficult to get a man to understand something that when his salary depends on him not understanding it”

_Upton Sinclair_

“A man can forget his father’s Face but intimately remember his father’s Property”

_Machiavelli_

“Earth provides for all of Man’s needs but not for Man’s Greed”

_Mahatma Gandhi_

“The Mind must be disciplined to Resist Greed, to Thoughtfully Consider Anger, and to Challenge and Explore False Beliefs. This must be done to even Start to build the Powers of the MIND. Small minded petty bureaucrats do not have the ability to do this, so they attack Great Spirits”

_Desiré Delicious Dubounet_

“A Greedy Man can Twist, Rationalize, Justify, Distort, Excuse, Contort, Disfigure, or Explain any Thought, Memory, Action, Experience, Idea, Position, Belief, Trust, Confidence, Contract, Agreement, or anything to Maintain or Warrant whatever makes him money. And OH, by the way, it can change in an hour to the exact opposite point of view, if Greed calls for it”

_Desiré Dubounet_
1. Dec 23, 1911, The United States Congress is dapped by bankers and tricked by the Ultra Rich into making a pseudo governmental but actually privately owned corporation, the Federal Reserve. The Federal Reserve is no more federal than Federal Express. Its owners are secret, it is not audited, reports to no one, and covertly and firmly control the American government completely.

The Ultra Rich from time to time will engineer and create a financial crisis by simply withholding their wealth from circulation. They scream at the paper losses they falsely incur, the middle classes, in a panic sell their stock, make a run on the banks, lose their jobs and watch their properties devalue. The Ultra Rich then bring their money back into circulation and buy the stock and property for pennies on the dollar. The middle classes are then fooled into reinvesting, refinancing, and re-believing the chicanery.

2. The Ultra Rich control all. They put profits above people and prohibit the FDA from stopping the sale of cigarettes. The Ultra Rich push quick fix making white dextrose sugar over more healthy broccoli-fruit sugar. They push meat over vegetables and a disease care system over a health or wellness care. Disease care is a major source of profit. They stop the electric car, push SINthetic patent drugs, limit malpractice suits, prosecute dissenters, pollute the waters, destroy the trees, promote stupidity, push a drug culture and slowly stop protection and squelch free speech. They push addiction to tobacco, sugar and drugs and take away dignity.

3. 1999 - The World Trade Towers fail a fire safety inspection sometime before 9/11. The Ultra Rich owners of the towers are told that the towers will be condemned sometime in the next ten years. A master plan is designed to use xenophobia and fear to give more control.

4. 2000- The Ultra Rich owners get a 3.5 billion dollar insurance policy. The Ultra Rich request a double indemnity 7 billion dollar clause if both towers fall in the same day from public transport. This clause is granted because how improbable would it be.

5. Sept 11, 2001 - The towers fall under suspicious circumstances. The ULTIMATE PROOF is that the worst crime in history, 911 is totally ruled out from investigation. George Bush orders that there CAN BE NO investigation of the most outrageous crime of all time.

6. Aug 8, 2007 - Five major corporations headed by Rupert Murdoch control all of the media, the newspapers, the Wall street journal, the TV, radio, and movies. Protest movies and new thinkers are weeded out and refused opportunities. The world slips to the stupid side. The Ultra Rich control, twist, distort, and deform what we hear and read about the world. The truth is hidden and the Ultra Rich are never to blame. 8-8 is the anniversary of Hiroshima, a date of infamy for many reasons.

7. Aug 8, 2007 - The USA grants itself the power to listen to all conversations worldwide, all bank transactions, and all electronic communications. The world blindly offers no resistance. The Ultra Rich control this power. The media is worshiped.

8. 2008- till now: Small petty anal retentive geek minds are employed as paper pushers to control any attempts to challenge the Ultra Rich.

9. 2009- The planners of the crime remain un-caught and un-investigated for almost a decade, wars are made on lies, billions live in fear, millions die. Fear, anger, greed, hate accelerate. Weapon sales soar, oil prices soar, all profits soar beyond comprehension. The financial power drifts from the USA to the Midwest.

10. 2008-2009 The US government spends a trillion dollars of taxpayer money to bail out the Ultra Rich who have mismanaged credit. The Ultra Rich make mistakes and the middle class lose their property and sell it for pennies on the dollar to the Ultra Rich. The Ultra Rich owned Federal Reserve is assuming control of the land and the money while America is being un-privatized and shifting from a land of freethinkers to a country of brainwashed servants. The world watches hopelessly powerless to stop as the Ultra Rich Federal reserve print more money (From Thin Air) for the Ultra Rich to lead America with interest.

11. There is no proof that there is no lizard alien culture behind this. There is definitely a selfish cruel brutal lizard brain in all of us. So there is a lizard brain behind this conspiracy. But until we have proof that there is no covert alien presence we should pretend that the gun is loaded. We need more information to the people.

12. Today and until we do something to end it---The rich get vastly richer, the poor get poorer. The Ultra Rich control what we see, they control how we think, they listen to our every action, they use petty minds to twist and work against any who oppose them. They steal swindle money when they can and print money at whim.

When will the people wake up? Can the Angel wake us up? Is there any Hope? Yes the internet media, I-AM-Films and Equal Economic Education are the start. Join and become one of the hundred million angels predicted in the Bible. Tell your friends to watch TMT TV and to read this book. 2012 is approaching fast.
The Powerful Greedy Ultra-Rich people own the Media and they Manipulate our Minds

GREAT MINDS DISCUSS IDEAS.
AVERAGE MINDS DISCUSS EVENTS.
SMALL MINDS DISCUSS PEOPLE.

http://medicalexpose.org/
Now that they can listen to your every conversation, look at any of your bank transactions, market any thought, idea, or concept to the stupid public, the Ultra Rich Control is just about perfect. The message of the Angel is to

WAKE UP

There is one thing more powerful than all the Armies of the World, and that is an idea whose time has come.

The Messages of the Angel.
We have lost our freedom of speech, lost our rights of Privacy and the Ultra-Rich have stolen our wealth. They have taken control of the FDA. Big Tobacco, Big Sugar, Big Pharma are protected by the same agency that was designed to regulate them. They attack drugless therapies and any who want to discuss Equality. Our society grows Fat, Stupid, Apathetic, and mired in self pity and easily diverted from truth. Money, Wealth and Celebrity are All. The Environment is slowly destroyed for profit. The people are just cattle grown stupid and made to feel incomplete so they will want to buy what the Ultra-Rich want them to buy or do what they are told Few have the intellect to even see this.