

# Micro-Current Electrical Brain Stimulation: to Increase Learning



By Laima Jonusiene, for Medical Expose' **MD**

I caught a stimulating podcast event the other day from Radio Labs. It was called Micro-Volt Nirvana, and the guest Sally Adee talked about a simulation training exercise used by DARPA. She was requested to target, shoot, reload and continue on as a sniper for 20 minutes in this reproduction game. She did quite bad, being a beginner, and got less than half her targets accurate. And then she was stimulated with the 20 micro-amps of electricity. They connected her up to a forehead brainwave electrode mechanism (trans-cranial direct current stimulation) and stimulated her. With this electro stimulation in her temporal and pre-frontal cortex region, she played the sniper game again. This time she got more than 90% of her targets correct, and finished the simulation with much improved super-human swiftness.

Her perception of time also increased and sped up. 20 minutes felt like 3 minutes to her. Actually this could be useful to improve all mental functions of our brains to a more superior level of mental cognition. Like improved study skills, memory retention, learning new languages, passing a test with honors, sports performance, or even building better items to help mankind.



Bruce Lee used electro shock himself to build endurance, according to his co-stars, and pro-athletes Bruce could recover muscle strength with mild electro-therapy after a hard day's work in the field. Bruce used this to extend his mental sharpness. Envision a world where athletes strived to be better by increasing their perceptual quickness and agility by electro-stimulation with mild electric current.

No governing body would be able to control this since it is undetectable. The effects of small amounts of currents cannot be tested or penalized against any anti-doping regulation. Imagine viewing the Tour D'France, and all the cyclists are going 10 miles an hour faster than before, or your favorite football superstar notch goals effortlessly from the 40 yard line, because he's been practicing at a higher level of electro-stimed mental focus and agility. It could raise the game to a place where the limits of perfection would be superseded by our own imagination. Watch the story of Novak Djokovic

<http://medicalexposedownloads.com/PDF/Rise%20and%20Rise%20of%20Novak%20Djokovic.pdf>

<http://www.downloads.imune.net/medicalbooks/978-615-5169-13-7%20Injury%20and%20Sport%20Medicine.pdf>

And for Business, what about company CEOs? What if a CEO started using this technology to make decisions better and quicker, and become better at work? Generate more shareholder value at work. Then this drive to succeed in life will reach the everyday human being. We will be electro-stiming ourselves everyday instead of a cup of caffeine in the morning so we can keep up with the Jones.

We will live longer, drive better, be healthier, and we'll be able to increase our joy of living. The game of life will be more interesting to us, with dissimilar people talking about different experiences. We'd immerse ourselves completely, and develop higher states of life for all. Everyone would be richer in the bargain. And even inner peace can be enhanced with this technology.