

Flu shots are medical procedures that come with deadly risks

(Med Expo)

*Make no mistake, when it comes to the flu,
it's a money driven game!*

The verdict is out on flu shots. Many medical experts now agree it is more important to protect yourself and your family from the flu vaccine than the flu itself. Let's take a look at the reasons behind this verdict:

- 1.) There is a total lack of real evidence that young children even benefit from flu shots. A systematic review of 51 studies involving 260,000 children age 6 to 23 months found **no evidence** that the **flu vaccine** is any more **effective** than a placebo. Also the shots are only able to protect against certain strains of the virus, which means that if you come into contact with a different strain of virus you will still get the flu.
- 2.) Medical journals have published thousands of articles revealing that injecting **vaccines can actually lead to serious health problems** including harmful immunological responses and a host of other infections. This further increases the body's susceptibility to the diseases that the vaccine was supposed to protect against.
- 3.) Ever noticed how vaccinated children within days or few weeks develop **runny noses, pneumonia, ear infections and bronchiolitis**? The reason is the flu virus introduced in their bodies which creates these symptoms. It also indicates immuno-suppression i.e. **lowering of the immunity**. The flu vaccines actually do not immunize but sensitize the body against the virus.
- 4.) Its a known fact that Flu vaccines contain strains of the flu virus along with other ingredients. Now think about the impact such a vaccine can have over someone with a suppressed immune system? If you have a disease that is already lowering your body's ability to fight a virus, taking the flu shot will put your body in danger of getting the full effects of the flu and **make you more susceptible to pneumonia and other contagious diseases**.
- 5.) **The Flu vaccines contain mercury**, a heavy metal known to be hazardous for human health. The amount of mercury contained in a multi-dose flu shot is much higher than the maximum allowable daily exposure limit. Mercury toxicity **can cause memory loss, depression, ADD, oral health problems, digestive imbalances, respiratory problems, cardiovascular diseases** and many more such serious health ailments.

And what about the elderly? Can the flu vaccine help them?

6.) There is mounting evidence that **flu shots can cause Alzheimer's disease**. One report shows that people who received the flu vaccine each year for 3 to 5 years had a 10-fold greater chance of developing Alzheimer's disease than people who did not have any flu shots. Also with age the immune system weakens, thus lowering your ability to fight off infections. Introducing the flu virus in the bodies of elderly could have dangerous consequences.

Can we trust the authorities who are promoting the wide-spread use of flu vaccines?

7.) The Center for Disease Control appoints a 15-member Advisory Committee on Immunization Practices (ACIP). This committee is responsible for deciding who should be vaccinated each year. Almost all the **ACIP have a financial interest in immunizations**. It's all about the money and may have very little to do with your health and well being. The very people pushing these vaccines stand to make billions of dollars. This itself creates a doubt on how effective these flu vaccines really are?

8.) Research shows that **over-use of the flu-vaccine** and drugs like Tamiflu and Relenza **can actually alter flu viruses and cause them to mutate into a more deadly strain**. Couple this with drug resistant strains and you have virtually no benefits with much risk.

9.) There is enough evidence that shows that the **ingredients present in the flu vaccinations can actually cause serious neurological disorders**. In the 1976 swine flu outbreak, many who got the flu shots developed permanent nerve damage. Flu vaccines can contain many harmful materials including detergent, mercury, formaldehyde, and strains of live flu virus. Is this what you want to put in YOUR body?

10.) Trying to guess what strain to vaccinate against each season has proved to be no more effective than a guessing game. This has been very true in recent years with the H1N1 strain. Moreover **getting multi-shots** will only prove **more dangerous** as different strains of viruses and harmful ingredients are introduced into your body.

Flu shots are indeed more dangerous than you could think, and it is best to rely on natural ways to protect against the flu rather than getting yourself vaccinated. Isn't it interesting that the main stream public health officials never promote the various proven ways to avoid the flu other than through vaccination? How about spending some of the billions of advertising dollars teaching us natural ways to boost our immune systems and avoid the flu without harmful and sometimes deadly vaccinations



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Data presented at IDWeek 2012 shows a small mortality risk the flu poses for healthy children. Considering that 30 percent of all flu vaccines can come with adverse reactions and according to the CDC, six percent of those will be "serious" events - including death - we are long past the point of diminishing return. Of course, their overall Big Pharma findings support the usual public rhetoric that encourages families to line up and bare their arms en-mass for a shot to prove that they take the flu virus seriously every year.

IDWeek 2012 is, of course, sponsored by the highly politicized Infectious Diseases Society of America (IDSA) which is fraught with a dark past of conflicts of interests. Joining in is the Society for Healthcare Epidemiology of America which is federally funded and in bed with its admitted "partner," the CDC. Next comes the HIV Medicine Association which nests neatly under the protective wing of the IDSA. Finally up, the Pediatric Infectious Diseases Society, which by its own admission is funded in part by Big Pharma interests. Can we trust these guys to be objective? When donkeys fly...

The flu vaccine facts straight from the CDC

In searching the year 2011 on the CDC Vaccine Adverse Event Reporting System website - (<http://vaers.hhs.gov/index>) - it was found that 51 deaths were caused by the flu vaccines, along with 232 life threatening events, 116 permanent disabilities, 739 hospitalizations, 109 prolonged hospitalizations, 4,039 ER visits, and 6,221 "not serious" reports. According to the National Vaccine Information Center, fewer than one percent of all adverse vaccine reactions are ever reported. If this is true, you can add two zeros to any of the above figures to be closer to actual numbers. Nice odds, huh?

Flu shots kill and maim. As stated above, 30 percent of flu vaccinations come with adverse reactions, and about six percent of all adverse reactions bring with them serious health events - including death. What the CDC neglects to tell you is that in five recent studies, people who did get the 2008-2009 flu shot were more likely to get the swine flu than those who did not take the poke. Also, with the flu vaccine came three times more risk for hospitalization in children. Source; American Thoracic Society May 2009

Your new "medical experts"

Researchers identified a key component to selling more childhood vaccines - recruit the lowly worker. But can office workers legally make medical recommendations? Only until someone sues them... The newest "medical experts" who are supposed to recommend dangerous medical procedures that could kill your child are not medical experts at all. They are the workers at school who answer the phones. You see, flu vaccines are a medical procedure that comes with definite risks, even death. Yet, researchers accuse the school office of being some kind of misinformants because they don't "believe enough" in the flu vaccine.

How about if the office worker openly admits, "I am not a health professional and cannot recommend any medical procedure."

Right of refusal

You have right of refusal to medical procedures. No one can be forced or coerced into a medical treatment with deadly risks. Yet, we see that more and more where people are being herded into the local nurse's office for toxic shots. Where is the informed consent in that? If you were told that this vaccine helps prevent flu in fewer than one out of 100 people and that it increases the odds of a serious, life-altering or even deadly reaction, then you would be closer to making an informed medical decision.

There are no federal laws in the U.S. that force you to accept a medical procedure. Any state laws requiring vaccinations violate your constitutional rights and cannot be legally enforced.

Instead of the deadly jab, try taking lots of GMO-free vitamin C, Lysene, vitamin D and astragalus. All of these are proven to be effective in flu prevention - but without the adverse vaccine risks.

A Shot Never Worth Taking: The Flu Vaccine ~ by Kelly Brogan, MD

Deep into my 6th year of researching and investigating the damning science that condemns vaccine efficacy and safety – yes, all of them – I am beginning to turn my attention more to the societal memes and the individual belief systems that protect and perpetuate tragically flawed and unacceptably dangerous collective behaviors.

The information is **OUT THERE**, brilliant scientists, physicians, and researchers without financial ties and agendas have weighed in and presented their concerns about vaccine safety and efficacy, however, the average citizen resists and clings to a hyper-simplified, seemingly “safe” stance.

“Well, I’m not against vaccines, I mean, they’ve done a lot. I’m sure there are some risks, but they’re extremely rare.”

I understand, now, that, my collection of PubMed articles substantiating concerns about inefficacy, neurological, autoimmune, and fatal risks of these poorly conceived and anachronistically relevant immune modulators is not meaningful to someone who is not interested. The questions raised by this information are not provocative to someone who needs, above all, to believe that the government, the CDC, and doctors mean well, are doing their due diligence, and that they are holding themselves to a basic standard of ethical delivery of healthcare. They are not meaningful to someone who needs to outsource their power.

Instead of debating the science, what it may take to change to bring awareness to this egregious misuse of medical authority is, one of two, non-scientific, anecdotal exposures:

1.They see it doesn’t work, and may even cause illness

I have several pediatricians as patients. Unprovoked, all of these women have confessed to me that they have observed increased virulence in their vaccinated populations. It is this clinical experience that has given them pause about the heavy-handed mandate coming down from the CDC.

“Oh!” I say, “Have you read the studies that suggest increased risk of infection in the vaccinated population?”

There’s **THAT ONE** where they actually used a saline placebo in 115 children and found that those vaccinated had a 4.4 times increased rate of non-flu infection? Or how about that **CANADIAN ONE** where they looked at 4 observational studies and found that 2008-2009 H1N1 vaccination was associated with a 1.4 to 2.5 increased risk of actually contracting said virus?”

Only after they have a personal template within which to fit the science affirming their observations, do they have room to hear it. But what of all of the children they have brought this ineffective and dangerous intervention to?

2. They know someone harmed

It is basic human psychology that what is out over there is irrelevant at best, and threatening at worst. What is near and familiar is what is true. Few of us seek to bridge gaps between what we are surrounded by and what may be out there to learn. The difficulty of appreciating the scale of harm brought to the population by vaccination practice is related to the insidious nature of immune and neurologic insult.

The CDC can report, as they do, that brain inflammation and death are known side effects of every vaccine, but most do not appreciate what brain inflammation looks like. That this can look like ADHD, autism, learning delay, and that autoimmune disorders can take years to manifest. Tracing the thread back to the vaccine exposure can only be done with studies that assess vaccinated versus unvaccinated populations. These have not been done.

Tragically, we all know, now, of someone who has died from the flu vaccine, just this past week. **CHANDLER WEBB**, a healthy 19 year old, was given a “routine” and “recommended” flu vaccine at his physical, one day before he became violently ill, and one month before he died. He died from vaccine-induced encephalitis, a known risk of this intervention. In addition to feeling remorse for the pain that this family is experiencing, I feel rage for what I believe to be manslaughter. This is a medical intervention, delivered without any regard for its objectively determined lack of efficacy, and its potential to maim and kill healthy adults.

The propaganda surrounding this CDC and government-endorsed practice is so thick that doctors treating this young man were blind to even the most obvious of causative insults. If doctors cannot appreciate a documented adverse event that occurs within 24 hours, you cannot expect the system to acknowledge more complex disturbances to the immune system and neurologic development that will land you and your loved ones on medications and in therapies for life.

And, remember, that this family cannot sue the physician who pushed the needle or the pharmaceutical company who created the lethal product.

I think about the Cliff’s Notes version, a distillation of why the flu vaccine is evidence that our government and regulatory bodies have forgotten us, and are following an objective that may leave you lying dead on the side of the road. I know that few of you will read the papers that I have read, attend lectures, seminars, and dialogue with concerned experts. If nothing else, digest these important points, and then wait until this issue gets close enough to you to change your mind on it...hopefully before it’s too late.

•**It’s not indicated:** I’m sure you don’t know a single person who has died of the flu, and if you think you do, I can almost guarantee you that the diagnosis was not confirmed in a way that ruled out the 150-200 infectious pathogens that cause flu-like syndromes, none of which would be “covered” by the vaccine. Despite the astronomical figures the CDC flashes before us of “flu deaths”, there were 18 (yes, 1-8) confirmed in 2001, for example. Access to these figures is suspiciously concealed, but in the end, forget the stats, and use some common sense to see the fear mongering and sales marketing for what it is.

•**It doesn’t work:** The Cochrane Database – an objective, gold-standard assessment of available evidence has plainly stated, in **TWO STUDIES**, that there is no data to support efficacy in children under two, and in adults. Even the former Chief Vaccine Officer at the FDA states: “there is no evidence that any influenza vaccine thus far developed is effective in preventing or mitigating any attack of influenza.” Liking the idea of being protected from the flu does not equate to being protected from the flu. That’s essentially what your vaccine-promoting doctor (or pharmacist) is engaging in – promoting an idea.

•Should there ever be a medical intervention appropriate for everyone?

It's being pushed on demographics where it is known to be ineffective, or is unstudied and likely unsafe including children, adults, elderly, and pregnant women as reviewed on [THIS WEB SITE](#) and [GREENMEDINFO](#). I write about how this offends my sensibilities as a perinatal physician [HERE](#).

•We just don't know what we are doing: The grave possibility of undetectable viral proteins in the chick embryos used to culture vaccines is just an example of how the immune roulette of vaccine development and rampant implementation has resulted in death and lasting injury. C. jejeuni contamination, for example, **IS THEORIZED TO PLAY A ROLE** in documented risk of Guillain-Barre paralysis after flu vaccine. Producing antibody response to virus and associated toxic preservatives is not immunity. We know that now.

As those of us who shake our heads in pain and frustration watching the sheep get herded off the cliff, we refrain: these agents cannot be considered "safe and effective" and also "unavoidably unsafe" as the government agencies would have us accept. They are avoidably unsafe, in fact, when you don't use them as part of your healthcare.

~Kelly Brogan, MD

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As an undergraduate at M.I.T, Dr. Brogan studied Cognitive Neuroscience and worked with Harvard undergraduates to create a public forum for the discussion of alternative medicine, directing conferences for the Hippocratic Society. She attended Cornell Medical School where she was awarded the Rudin Scholarship for Psychiatric Oncology and began her work in Reproductive Psychiatry, which she went on to train in during her residency at NYU/Bellevue. A strong interest in the interface of medicine and psychiatry led her to pursue a fellowship in Consultation Liaison/Psychosomatic Medicine at NYU/Bellevue/VA Hospital. Since that time, she remains on faculty and has focused her efforts on her private practice where she cares for patients with medical illnesses, as well as women at all stages of their reproductive life cycle. A passion for holistic living, environmental medicine, and nutrition are the bedrock of her functional medicine practice. She has published in the field of Psycho-Oncology, Women's Health, Perinatal Mental Health, Alternative Medicine, and Infectious Disease. She is Board Certified in Psychiatry, Psychosomatic Medicine, as well as Board Certified in Integrative and Holistic Medicine.